



# BREAKFAST

## port day express breakfast\*

*orange juice, "eggs" any style, hickory smoked bacon, sausage, choice of bread / pastries*

done fast, done right, in and out in 25 minutes

### FRESH PRESSED JUICE \$5

*100% vegan, pressed to order*

1. carrot, orange, lime, cayenne
2. pineapple, ginger, lime, dates, turmeric
3. kale, romaine lettuce, apple, lemon
4. pineapple, apple, beets, ginger
5. apple, kale, spinach, parsley

## MORNING PASTRIES & GRIDDLE

danish - croissant

**TOAST:** white | whole wheat | rye | bagel | muffins  
norlander bread | gluten free bread

**JELLIES:** strawberry | grape |  
orange marmalade | guava | honey  
*sugar free jellies served on request*

### VANILLA FRENCH TOAST

*maple butter, caramelized bananas*

### SHORT STACK PANCAKES <sup>NS</sup>

*syrup, toasted pecans, salted caramel sauce*

### BUTTERMILK WAFFLES

*caramel apple compote, syrup*

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## FRUITS, JUICE & GRAIN

### FRUITS

banana - seasonal melon - baked apples  
stewed prunes

### JUICES

orange - grapefruit - pineapple - apple  
tomato - prune

### BRULÉED GRAPEFRUIT <sup>NS</sup>

*ginger sugar*

### HOUSE-MADE GRANOLA <sup>NS</sup>

*coconut chips, cinnamon, various nuts, honey*

### OATMEAL

*raisin, granny smith apples, toasted almonds*

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### CEREALS *with 2% milk*

cinnamon toast crunch

cheerios zydecocruiser.net

lucky charms

corn flakes

frosted flakes

froot loops

low fat granola

grits

### YOGURT

plain - strawberry - banana - raspberry - blueberry

## EGGS

### EGGS BENEDICT\*

*poached eggs on toasted English muffins with smoked ham and hollandaise sauce*

### BROKEN EGG SANDWICH\*

*rustic panini, two fried eggs, bacon, cheddar, hash brown*

### OMELETS\* *choice of cheddar | mozzarella*

1. Classic Cheese

2. Ham & Cheese

3. Vegetable *bell peppers, onions, tomatoes*

### EGGS ANY STYLE\*

*choose from fried, scrambled, soft boiled or hard boiled*

### FAVORITE CHOICE

*Spanish omelet - roasted pepper & tomato salad*

## SIDE

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chicken sausage

hashed brown potatoes

hickory-smoked sliced bacon

pork link sausage

sliced ham

turkey bacon

## LIGHTER FARE

### YOGURT PARFAIT <sup>NS</sup>

*hand churned yogurt, berries, granola, dates, honey*

### AVOCADO TOAST\* <sup>NS</sup>

*multi-grain bread, red pepper flakes, lemon, poached eggs*

### BREAKFAST BOWL\* <sup>NS</sup>

*kale, spinach, farro wheat, sesame seeds, feta cheese, berries, sunny side up egg*

### EGG WHITE FRITTATA

*broccoli, cheddar, rustic toast*

### CORNED BEEF HASH\*

*crisp hash, 2 farm fried egg, multigrain toast*

### SMOKED SALMON\*

*cream cheese and toasted bagel*

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## BEVERAGE

### SPECIALTY COFFEE AND TEA

cappuccino...\$ 3.75

latte...\$ 3.75

espresso...\$ 2.75

"art of tea" selection... \$ 2.75

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iced and hot teas

2% milk - skim milk

chocolate milk

hot chocolate

regular coffee or decaffeinated

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Please inform your server if you have any food allergies

<sup>NS</sup> Contain nuts, seeds

\* Public Health Advisory: consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk for foodborne illness, specially if you have certain medical conditions.

18% service charge will automatically be added to your order